

ABERDEEN AAC MEN'S INDOOR RANKINGS 2017 AS AT 31 OCTOBER

60 METRES

| | | | | | |
|-------|---|----------------------------|-------|-------------|----------|
| 6.91 | i | Desmond Ojei | 22.1 | Aberdeen | 1r1.1 |
| 7.05 | i | Ryan Oswald | 22.1 | Aberdeen | 2r2.1 |
| 7.09 | i | Gavin Irvine | 22.1 | Aberdeen | 3r1.1 |
| 7.13 | i | David Irvine | 28.1 | Glasgow (E) | 3s2 |
| 7.16 | i | Christian Volodiev Hristov | 28.1 | Glasgow (E) | 3s1 |
| 7.20 | i | Robbie Farquhar (U17) | 4.3 | Glasgow (E) | H |
| 7.28 | i | Robbie Shaw | 28.1 | Glasgow (E) | 5s1 |
| 7.36 | i | Harry Kilner (U20) | 19.3 | Aberdeen | 2r1 |
| 7.4 | i | Lewis Bisset (U17) | 26.2 | Aberdeen | 4r2.1 |
| | | 7.42i | 22.1 | Aberdeen | 2r1.2 |
| 7.41 | i | Jason-James Donaldson | 28.1 | Glasgow (E) | 4h2 |
| 7.44 | i | Ewan Calder | 22.1 | Aberdeen | 2r2.3 |
| 7.44 | i | Fergus Rule (U17) | 19.3 | Aberdeen | 3r1 |
| 7.45 | i | Areeb Sherjil (U17) | 19.3 | Aberdeen | 1r2 |
| 7.51 | i | Thomas Carter (U20) | 19.3 | Aberdeen | 4r1 |
| 7.51 | i | Daniel Rees | 18.12 | Aberdeen | 5r2.1 |
| 7.52 | i | Marcus Archer (U20) | 22.1 | Aberdeen | 4r2.3 |
| 7.52 | i | Gregor Duncan (U20) | 19.3 | Aberdeen | 2r2 |
| 7.6 | i | Cameron Brown (U20) | 26.2 | Aberdeen | 2r1.3mx |
| 7.65 | i | Ryan Hewitson | 4.2 | Glasgow (E) | 8h3 |
| 7.7 | i | Lourens Cillie (U17) | 26.2 | Aberdeen | 2r2.4 |
| 7.71 | i | Mark Davidson (M45) | 11.3 | London (L) | 4 |
| 7.77 | i | Kieran Gauld | 18.12 | Aberdeen | 5r2.2 |
| 7.79 | i | Seyi Fatone (U20) | 19.3 | Aberdeen | 1r3mx |
| 7.8 | i | Andrew Baldwin (U20) | 26.2 | Aberdeen | 3r2.4 |
| | | 7.83i | 22.1 | Aberdeen | 2r2.5 |
| 7.8 | i | Callum Davidson (U20) | 26.2 | Aberdeen | 3r1.3mx |
| | | 7.95 | 22.1 | Aberdeen | 4r1.4mx |
| 7.80 | i | Stan Walker (M45) | 19.3 | Aberdeen | 2r1.3mx |
| 7.87 | i | James McIntosh (U17) | 18.12 | Aberdeen | 3r2.3 |
| 7.9 | i | John Angus (U17) | 26.2 | Aberdeen | 4r2.3 |
| 8.30 | i | Lewis Clow (T37) | 22.1 | Aberdeen | 2r1.6mx |
| 8.36 | i | Ryan Matheson (U15) | 19.3 | Aberdeen | 3r5mx |
| 8.5 | i | Steven Sey (U17) | 26.2 | Aberdeen | 3r1.8mx |
| | | 8.68i | 22.1 | Aberdeen | 1r1.13mx |
| 8.52 | i | Matthew Bruce (U17) | 22.1 | Aberdeen | 1r1.12mx |
| 8.58 | i | Murray Addison (U17) | 22.1 | Aberdeen | 5r2.7mx |
| 8.73 | i | Liam Macfarlane (U15) | 18.12 | Aberdeen | 1r1.9mx |
| 8.75 | i | Bill Skinner (M55) | 18.12 | Aberdeen | 2r2.6mx |
| 8.8 | i | Conor Hewitson (U20) | 26.2 | Aberdeen | 4r2.8mx |
| 8.9 | i | Alexander Ahmed | 26.2 | Aberdeen | 5r1.8mx |
| 9.20 | i | Harry Bisset (U11) | 19.3 | Aberdeen | 1r8mx |
| 9.29 | i | Trevor Madigan (M70) | 22.1 | Aberdeen | 4r1.8mx |
| 9.5 | i | Jasper Lecore (U13) | 26.2 | Aberdeen | 4r1.10mx |
| 9.65 | i | Lewis Ingram (U13) | 18.12 | Aberdeen | 1r1.7mx |
| 9.93 | i | Finn Bryce (U11) | 18.12 | Aberdeen | 2r1.7mx |
| 10.02 | i | Sam Baverstock (U13) | 18.12 | Aberdeen | 3r1.7mx |
| 10.30 | i | Bob Masson (M65) | 19.3 | Aberdeen | 3r1.1mx |

200 METRES

| | | | | | |
|-------|---|----------------------------|------|-------------|-----|
| 22.59 | i | Robbie Shaw | 4.2 | Glasgow (E) | 1s2 |
| 22.73 | i | Christian Volodiev Hristov | 4.2 | Glasgow (E) | 2s2 |
| 22.87 | i | David Irvine | 28.1 | Glasgow (E) | 2h5 |

| | | | | | |
|-------|---|----------------------|-------|-------------|-----|
| 23.27 | i | Ewan Calder | 28.1 | Glasgow (E) | 4h2 |
| 23.41 | i | Thomas Carter (U20) | 4.2 | Glasgow (E) | 3h2 |
| 23.41 | i | Daniel Rees | 14.1 | Glasgow (E) | 4r4 |
| 23.49 | i | Cameron Brown (U20) | 11.2 | Glasgow (E) | 3h3 |
| 23.59 | i | Desmond Ojei (U20) | 27.12 | Aberdeen | 4r1 |
| 23.77 | i | Ross Freck | 19.2 | Sheffield | 2h5 |
| 24.24 | i | Ryan Hewitson | 4.2 | Glasgow (E) | 4h5 |
| 24.25 | i | Areeb Sherjil (U17) | 1.2 | Glasgow (E) | 3h2 |
| 24.26 | i | Harry Kilner (U20) | 1.2 | Glasgow (E) | 4h1 |
| 24.85 | i | Stan Walker (M45) | 5.3 | Glasgow (E) | 2 |
| 25.46 | i | Andrew Baldwin (U20) | 11.2 | Glasgow (E) | 4h1 |
| 27.20 | i | Ryan Matheson (U15) | 12.2 | Glasgow (E) | 2h5 |
| 29.16 | i | Bill Skinner (M55) | 5.3 | Glasgow (E) | 5 |

400 METRES

| | | | | | |
|-------|---|----------------------|------|-------------|--------|
| 49.66 | i | Daniel Rees | 19.2 | Sheffield | 2s1 |
| 52.39 | I | Seumas Thomson | 18.2 | Sheffield | 5h13 |
| 52.84 | i | Fergus Rule (U17) | 14.1 | Glasgow (E) | 1r7mx |
| 54.53 | i | Marcus Archer (U20) | 14.1 | Glasgow (E) | 2r3mx |
| 55.68 | i | Fraser McGillivray | 14.1 | Glasgow (E) | 4r5 |
| 55.87 | i | James McIntosh (U17) | 28.1 | Glasgow (E) | 4h3 |
| 56.15 | i | Harry Kilner (U17) | 14.1 | Glasgow (E) | 5r5mx |
| 57.93 | i | Andrew Baldwin (U20) | 14.1 | Glasgow (E) | 5r10mx |
| 78.64 | i | Alan Fulton (M65) | 5.3 | Glasgow (E) | 3 |

800 METRES

| | | | | | |
|---------|---|----------------------|------|-------------|-----|
| 1:56.45 | i | Stewart Millar (U20) | 11.2 | Glasgow (E) | 3 |
| 2:03.69 | i | Harry Hall (U17) | 28.1 | Glasgow (E) | 3 |
| 2:05.72 | i | Aaron Odentz (U20) | 2.2 | Glasgow (E) | 3h1 |
| 2:19.29 | i | Lewis Watt (U15) | 2.2 | Glasgow (E) | 2h2 |
| 2:24.80 | i | Kai Crawford (U13) | 11.2 | Glasgow (E) | 1r3 |
| 2:28.53 | i | Sam Griffin (U15) | 2.2 | Glasgow (E) | 7h3 |

1000 METRES

| | | | | | |
|---------|---|-----------------------|------|-------------|---|
| 3:05.24 | i | Robbie Farquhar (U17) | 5.3 | Glasgow (E) | H |
| 3:50.92 | i | Bill Lonsdale (M65) | 22.3 | Daegu | P |

1500 METRES

| | | | | | |
|---------|---|----------------------|------|-------------|------|
| 4:19.80 | i | Jack Gillespie (U17) | 28.1 | Glasgow (E) | 2h2 |
| 4:21.76 | i | Aaron Odentz (U20) | 1.2 | Glasgow (E) | 6h3 |
| 4:55.20 | i | Sam Griffin (U15) | 1.2 | Glasgow (E) | 10h4 |
| 4:57.13 | i | Michael Watt (U17) | 1.2 | Glasgow (E) | 8h2 |

60m HURDLES

| | | | | | |
|------------------------|---|---------------------|------|-------------|---|
| 8.88 | i | Ryan Hewitson | 4.2 | Glasgow (E) | 2 |
| Veteran Over-60 | | | | | |
| 13.07 | i | Bill Lonsdale (M65) | 24.3 | Daegu | P |
| Under-20 | | | | | |
| 9.09 | i | Scott Macgregor | 11.2 | Glasgow (E) | 5 |
| Under-17 | | | | | |
| 8.52 | i | Robbie Farquhar | 5.3 | Glasgow (E) | H |
| 9.79 | i | Murray Addison | 22.1 | Aberdeen | 3 |

Under-15 (Under-17 over age)

| | | | | | |
|-----------------|---|----------------------|------|-------------|-----|
| 9.30 | i | Murray Addison (U17) | 2.2 | Glasgow (E) | 5h2 |
| Under-13 | | | | | |
| 12.44 | i | Lewis Ingram | 19.3 | Aberdeen | 1 |

HIGH JUMP

| | | | | | |
|------|---|-----------------------|-------|-------------|------|
| 1.76 | i | Robbie Farquhar (U17) | 4.3 | Glasgow (E) | H |
| 1.66 | i | Jon Hosie (U20) | 18.10 | Glasgow (E) | 3 |
| 1.63 | i | James Macgregor (M50) | 5.3 | Aberdeen | 1 |
| 1.61 | i | Hamish Leeson | 18.10 | Glasgow (E) | 5 |
| 1.41 | i | Bill Lonsdale (M65) | 24.3 | Daegu | P |
| 1.30 | i | William Skinner (M55) | 26.2 | Aberdeen | 14mx |
| 1.25 | i | Trevor Madigan (M70) | 26.2 | Aberdeen | 21mx |
| 1.22 | i | Lewis Ingram (U11) | 11.2 | Glasgow (E) | 7 |

POLE VAULT

| | | | | | |
|------|---|-----------------------|-----|-------------|-------|
| 3.70 | i | Robbie Farquhar (U17) | 7.9 | Aberdeen | 2mx |
| 3.70 | i | Callum Robertson | 7.9 | Aberdeen | 1mx |
| 2.77 | i | Bob Masson (M65) | 4.3 | Glasgow (E) | 1 |
| | | 2.30/M70 | 7.9 | Aberdeen | 4mx |
| 2.45 | i | Eddie McKenzie (M50) | 8.1 | Aberdeen | 4eqmx |
| 2.10 | I | Kieran Gauld | 7.9 | Aberdeen | 5mx |

LONG JUMP

| | | | | | |
|------|---|-----------------------|-------|-------------|------|
| 6.57 | i | Robbie Farquhar (U17) | 28.1 | Glasgow (E) | 2 |
| 5.80 | i | Kieran Gauld | 4.2 | Glasgow (E) | 9 |
| 5.63 | i | James McIntosh (U17) | 2.2 | Glasgow (E) | 5 |
| 5.39 | i | Jon Hosie (U20) | 4.2 | Glasgow (E) | 11 |
| 5.35 | i | Harry Kilner (U20) | 18.12 | Aberdeen | 1mx |
| 4.83 | i | Saul Potts (U17) | 19.3 | Aberdeen | 8mx |
| 4.56 | i | William Skinner (M55) | 5.3 | Glasgow (E) | 7 |
| 4.27 | i | Bill Lonsdale (M65) | 24.3 | Daegu | P |
| 4.12 | i | Murray Addison (U17) | 2.2 | Glasgow (E) | 19 |
| 3.52 | i | Lewis Ingram (U13) | 18.12 | Aberdeen | 10mx |
| 3.34 | i | Bob Masson (M65) | 18.12 | Aberdeen | 9mx |
| 2.82 | i | Sam Baverstock (U13) | 22.1 | Aberdeen | 9mx |

TRIPLE JUMP

| | | | | | |
|-------|---|-----------------------|-------|-------------|-----|
| 12.74 | i | Stewart Clark | 28.1 | Glasgow (E) | 8 |
| 12.72 | i | Sam Lyon | 22.1 | Aberdeen | 1mx |
| 11.88 | i | Jon Hosie (U20) | 18.10 | Glasgow (E) | 3 |
| 11.76 | i | Hamish Leeson | 4.2 | Glasgow (E) | 6 |
| 9.34 | i | William Skinner (M55) | 5.3 | Glasgow (E) | 5 |

SHOT

| | | | | | |
|-----------------------------|---|---------------------|-------|-------------|---|
| 6.72 | i | Kevin Ingram (M45) | 19.3 | Aberdeen` | 1 |
| Veteran over-60 (5K) | | | | | |
| 9.17 | i | Bob Masson (M65) | 18.12 | Aberdeen | 1 |
| 8.15 | i | Bill Lonsdale (M65) | 24.3 | Daegu | P |
| Under-20 (6K) | | | | | |
| 9.46 | i | Conor Hewitson | 26.2 | Aberdeen | 1 |
| Under-17 (5K) | | | | | |
| 12.95 | i | John Angus | 18.12 | Aberdeen | 1 |
| 9.91 | i | Robbie Farquhar | 4.3 | Glasgow (E) | H |

| | | | | | |
|-------------------------|---|---------------------|-------|----------|---|
| 9.02 | i | Murray Addison | 22.1 | Aberdeen | 4 |
| 8.50 | i | Steven Sey | 22.1 | Aberdeen | 6 |
| Under-15 (4K) | | | | | |
| 8.56 | i | Athol Gordon | 26.2 | Aberdeen | 1 |
| Under-13 (3.25K) | | | | | |
| 6.67 | i | Jasper Lecore (U13) | 26.2 | Aberdeen | 1 |
| 5.48 | i | Lewis Ingram (U13) | 18.12 | Aberdeen | 2 |
| Under-11 (2.72K) | | | | | |
| 5.00 | i | Finn Bryce (U11) | 18.12 | Aberdeen | 1 |

HEPTATHLON (INDOOR)

Under-17

| | | | | | |
|------|---|-----------------|-----|-------------|---|
| 4472 | i | Robbie Farquhar | 5.3 | Glasgow (E) | 2 |
|------|---|-----------------|-----|-------------|---|

PENTATHLON (INDOOR)

Veteran Over-65

| | | | | | |
|------|---|---------------------|------|-------|---|
| 3191 | i | Bill Lonsdale (M65) | 24.3 | Daegu | 3 |
|------|---|---------------------|------|-------|---|