



# OPEN GRADED TRACK & FIELD MEETING

## Aberdeen Sports Village

WEDNESDAY 19<sup>TH</sup> JUNE 2019

HELD UNDER SAL PERMIT

Free Entry

Note - Athletes will have to pay for entry to Aberdeen Sports Village

**All entries must be made online at Entry Central**

Entries close 12<sup>th</sup> June 2019

### OPEN GRADED EVENTS

Start Time	Event	Age Group
6.30pm	Javelin	U11 - U15 – Girls only
6.30pm	Sprint Hurdles	U17 - Senior * <a href="#">Note 2</a>
7:00pm	John Crossman 800m	S1-S3 Girls Only
7:15pm	High Jump	U17 - Senior * <a href="#">Note 1</a>
7.15pm	Sprint Hurdles	U13-U15 Boys and Girls

Declarations for each event will close 30 minutes before its scheduled start time.

Note 1 – High Jump is a Championship scoring event for AAAC U17 and Senior athletes.

Note 2 - Sprint Hurdles are Championship scoring events for AAAC U17 and Senior athletes.

- Declaration cut off times will be strictly enforced.
- Field event athletes should be warmed up with run ups marked out and all practice throws/jumps completed before the event start time.
- All track events will be graded based on time and are open to age groups as stated above.

